



The KIC Beat 🎵 💖 February 2026 Edition 💖

A message from the directors

Dear KIC Families,

Kitsap Great Give is almost here! Early Giving is March **1–9, 2026**, and the main day of giving on **Tuesday, March 10**.

As a reminder, **KIC is free for all families, regardless of income**. Removing financial barriers is core to who we are, and community support is what allows this program to exist. Our **\$20,000 goal** helps cover weekly instruction, instruments and materials, rehearsal space, and the caring staff who make KIC a safe, consistent place for students to learn and belong.

Why it matters

Support during the Kitsap Great Give helps ensure our students show up each week with an instrument that works, trusted adults cheering them on, and a community where they can make music together.

Supporting KIC can look different for each of us — sharing a post, talking about the program, inviting others to learn more, or giving if and when you're able.

If you'd like to donate during the Kitsap Great Give, you can find us at **kitsapgreatgive.org/organization/Kids-In-Concert** (March 1–10).

Every share, conversation, and gift helps keep the music playing!

Thank you for being part of our KIC family.

Warmly,
The KIC Directors



KIC News: KICocoa and instrument petting zoos.

Our wonderful KIC CREW will be hosting a **family cocoa night on Friday, February 13**, right after KIC. Please come, warm up, and spend some time connecting with your KIC community! Thanks, KIC CREW, for organizing!

On Saturday, January 31, a group of KIC musicians led an "instrument petting zoo" at Bainbridge Island Kidimu for the second time this year for **Singalong and Sounds**, a concert series geared towards toddlers and preschoolers. This was such a fun opportunity for our kids to share their knowledge and expertise with the youngest music lovers in our community! We love these kinds of community partnerships and the opportunities they provide for our students to connect with others.



Student of the Month: Emma R

Emma stepped into the role of viola teacher this year after growing up in KIC, and she continues to impress us with her dedication, leadership, and willingness to step in wherever she's needed. Her thoughtful teaching and beautiful playing are a gift to our students and our community. Thank you, Emma!



Gratitude Corner KIC Crew

This month we are deeply thankful for our KIC Crew, led by an incredible group of KIC parents and community members. We are so grateful for their creativity, delicious bake sales, and their constant willingness to jump in and help wherever needed. Thank you for all you do to support our KIC community!

News from Healthy and Whole

January Was All About Feeling Good From the Inside Out! What a month it's been in Healthy & Whole! We dove deep into something pretty cool: using our bodies as our personal emotion-regulation superpowers.

First up, students became body detectives, learning to "scan" themselves to figure out where and how emotions actually show up physically. (Spoiler alert: feelings aren't just in our heads!)

Then we took everyone on a mental vacation with a "happy place" meditation. Each student picked their own special spot and came up with an inspiration word that captures exactly how that place makes them feel about themselves.

Here's where it gets really neat: we introduced the class to "Tapping In" – a neuroscience-based technique where you use gentle tapping motions (think hands on arms or knees) to literally wire those good vibes from your happy place into your mind, nervous system, and body. It's like creating a happiness bookmark you can access anytime!

And of course, we wrapped things up with another amazing yoga session led by the wonderful Joyce Cooley. Thank you, Joyce!



Can't wait to see what February brings!

-Kim and Naomi

Support KIC through our Amazon wish list

Did you know KIC has an Amazon wish list?

We rely on community support to help run our program, and we hope that [this wish list](#) will give our community some concrete ways they can directly support the work we do at KIC.

Please [share our wish list](#) widely with friends and family who would like to support our work!

January Sneak Peeks!



Mark your calendars!

- February 13: Hot KICocoa Night. 5:30 pm.
- February 16: NO KIC. President's Day
- March 5-6: NO KIC.
- March 30- April 10: NO KIC. Spring Break

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